



Alato

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Type: **psychophysical weakening**

Indications

Psychophysical weakening , depressive states, asthenia, difficulty in concentration and loss of memory.

Recommended daily intake:

30 - 50 drops, 3 times a day

Physiological value:

It is a powerful adaptogen with no exciting effects and with a specific stimulation action of the adrenal glands.

Method of preservation:

Store in a cool place, protected from light.

Contains:

100 ml e



In the same family:

Alato 12 - Dry extract

Physical adaptogen

HERBS PRESENT IN THE PRODUCT



RIBES 1X

It is an anti-inflammatory and anti-allergic agent and improves the effects of other herbs to which it is often associated. Its action is at the corticoadrenal level.

QUERCUS 1X

It has a stimulating action on the male gonads and on the adrenal cortex. It is used to prevent asthenia and as revitalizing agent.



SEQUOIA 1X

It has a tonic nervine action and an endocrine stimulating action.



PRUNUS SPINOSA 1X

It reactivates the hypothalamic - pituitary - adrenal axis with tonic and stimulating effects.



BETULA VERRUCOSA 1X

It is used as a tonic - stimulant, in particular for cognitive functions (concentration, memory).



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