



Alato

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Type: **brain energy metabolism**

Indications

seful in situations of fatigue, mental fatigue, loss of memory, lack of attention.

Recommended daily intake:

1 tablet, 2-3 times a day

Physiological value:

It has an essential role for the correct energy metabolism at the level of the central nervous system.

Method of preservation:

Store in a cool place, protected from light.

Contains:

100 tablets of 500 mg, total net weight 50 g €



In the same family:

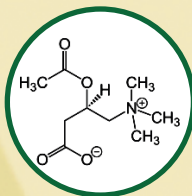
Alato 19 - Dry extract

Neurotransmitter regulator/cognitive functions

Alato 21 - Dry extract

Cognitive functions

HERBS PRESENT IN THE PRODUCT



ACETYLCARNITINE

L-acetylcarnitine is the natural isomer of a substance present in physiological conditions in various organs, including the brain. It has similar structure to Acetyl Choline and it has an essential role for the correct cellular and trans-cell energy metabolism at the level of the central nervous system.

L-acetylcarnitine, in fact, represents a form of storage of acetyl groups that can be associated with the Coenzyme A necessary to trigger the Krebs cycle. It therefore takes part both in the metabolism of fatty acids and carbohydrates. In situations of pathology, L-acetylcarnitine has been shown to be active both as a neuroprotection factor for the cell and its organelles (especially the mitochondrion) and as a trophic factor for the restoration of cellular integrity.



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