



# Alato

## 18

Type: **tonic-energetic**

### Indications

Stimulating and tonic: indicated in case of decrease in libido and sexual performance.

### Recommended daily intake:

2 tablets, 3 times a day.

### Physiological value:

It has a useful tonic action against physical and mental fatigue.

### Method of preservation:

Store in a cool place, protected from light.

### Contains:

100 capsules of 420 mg, total net weight 42 g e



In the same family:

### Alato 14 - Fluid extract

tonic-energetic

## HERBS PRESENT IN THE PRODUCT



### CATUABA

It is an aphrodisiac and stimulant of both male and female libido. It is used to tone, balance and calm the central nervous system in case of nervousness and emotional stress.



### DAMIANA

The plant has an antidepressant and tonic-stimulating action. It stimulates the spinal nerve centers that control the function of the sexual organs. In men, it acts on the erection center located in the sacral-pelvic parasympathetic nervous system. In women it strengthens the hormonal system in case of dysmenorrhea, amenorrhea and menstrual pain. Its phytocomplex is therefore able to restore sexual desire in both male and female.



**Alato**

**18**



### MUIRA PUAMA

It is called "grass of love" or "wood of power" and has been used since ancient times in folk medicine to deal with disorders related to the sexual sphere, menstrual pain, the reduction of cognitive functions typical of old age and physical and mental tiredness. Muira puama determines a general state of wellbeing and has a revitalizing effect, which leads to an increase in the body's vigor. It acts as a neuromuscular tonic, improving symptoms related to depression, anxiety, exhaustion and loss of appetite. It has also a positive effects on memory.



**La Fenice sas**

Via Sempione 14 - 21029 Vergiate (VA)  
Tel: +39 0331964868 - Fax: +39 0331942119  
[www.lafenicesas.it](http://www.lafenicesas.it) - [info@lafenicesas.it](mailto:info@lafenicesas.it)